



Monitoring the conservation status of sea turtle nesting sites: expert knowledge and quantitative indicators

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Abstract

Coastal habitats are key for many species of conservation concern, but they face increasing anthropogenic threats. Sea turtles rely on sandy beaches for egg incubation, which are increasingly degraded, leading to growing conservation issues. Disagreements on the conservation status and the required conservation actions can arise between conservationists and stakeholders due to the lack of objective evaluations. The first objective of this study is to provide a formal analysis of the potential and limitations of the most common indicators, such as anthropogenic threats and conservation measures, that are human-related. Thirty-six variables describing threats and conservation measures were scored and analyzed for 37 turtle nesting sites in five countries (Brazil, Cyprus, Greece, Türkiye and USA). Results show that monitoring the conservation status of a nesting site is challenging, especially if based only on human-related indicators or on the number of egg clutches deposited (the most common turtle-related indicator). Results highlight the importance of local community attitude and legal protection, that may interact in very different ways, as shown by examples from the five countries considered in this study. Ultimately, only turtle-related indicators can provide information on the impact of anthropogenic threats on the number and sex of hatchlings entering the sea. Therefore, the second objective of this study is to provide, in a single document, the necessary information for an effective monitoring of hatching production in relation to anthropogenic threats. To this aim, we review and propose a set of the 12 most feasible quantitative indicators of six biological variables.

Keywords Anthropogenic threats · Coastal development · Enforcement · Local community · Legal protection · Stakeholder engagement

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Introduction

Coasts are impacted by development due to increasing human utilization (increasing human population and/or wealth) (Seto et al. 2012) and are threatened by predicted sea level rise due to climate change (Noss 2011; Mills et al. 2016; Silva et al. 2020). They represent unique ecosystems and host key habitats for species of conservation concern like sea turtles, that depend on sandy beaches for egg incubation (Miller 1997). Sea turtle nesting beaches are becoming increasingly degraded due to direct exploitation (e.g. sand mining, harbours) or by human utilization for leisure, leading to growing conservation issues (Lutcavage et al. 1997; Chan et al. 2007; Lopez et al. 2015; Casale et al. 2018; Nelson Sella and Fuentes 2019; Van De Geer et al. 2022).

At several major sea turtle nesting beaches, specific long-term conservation programs have been established to counteract anthropogenic threats such as habitat degradation, disturbance, light pollution and anthropophilic predators (Yerli 1996; Marcovaldi and dei Marcovaldi 1999; Rees 2005; Kaska et al. 2010; Ehrhart et al. 2014; Ergene et al. 2016; Chattopadhyay et al. 2018; Colman et al. 2020; Sönmez et al. 2021; de Castilhos et al. 2022). Great attention is given by individuals, NGOs, and governmental bodies to the conservation status of sea turtle nesting sites. In some cases, conservationists and other stakeholders may disagree on the conservation status and the required conservation actions (Sloan et al. 1994), and the intervention of authorities (local, national, supranational) is solicited. For instance, the Bern Convention (Convention on the conservation of European wildlife and natural habitats; Council of Europe) has a mechanism to monitor conservation issues which have arisen through complaints and to provide recommendations to the Contracting Parties (national authorities). This mechanism has been successful in initiating conservation action by the national authorities in various instances (e.g., Zakyntos, Greece; Dimopoulos 2001). However, four out of the five case files currently active in three Mediterranean countries (Cyprus, Greece and Türkiye), have remained open for more than 10 years (since 1986–2012; <https://www.coe.int/en/web/bern-convention/active-cases>) and this suggests that finding solutions to close these case files is difficult and protracted. The annual reports by complainants and governments show that the conservation status of sea turtle nesting sites is perceived differently by these two parties, with complainants claiming a worse conservation status than governments, also because of the lack of objective evaluations.

Therefore, objectively assessing the conservation status of a sea turtle nesting beach is pivotal for proper discussions among interested parties and for authorities to monitor the situation. However, the status of a sea turtle nesting site is

difficult to assess. How to evaluate the effects of anthropogenic factors on sea turtle habitats (including nesting sites) was listed among the research priorities for sea turtle conservation but remains the least investigated topic (Rees et al. 2016). The most common indicators used for this purpose can be classified into two categories: human-related indicators (i.e., resulting from human activities: level of anthropogenic threats and of conservation measures) and turtle-related indicators (i.e., resulting from turtle biological processes, often limited to the number of clutches laid). Quantitative measures (Bell et al. 2007) are difficult to obtain and arbitrary scores are more common in such assessments (Varela-Acevedo et al. 2009; McLachlan et al. 2013; Flores-Monter et al. 2015; Garcin et al. 2022). If the human impact on a sea turtle population is of interest, then the effect of anthropogenic threats on the value of a nesting site for the wider population— in terms of reproductive success of nesters - should be considered (Dutton and Squires 2011). Nesting sites have a very specific role in sea turtle biology and hence in sea turtle conservation: they are the only habitat where new individuals can develop. Moreover, the beach environment (incubation temperature) determines the sex of the hatchlings (Ackerman 1997). In other words, the role of one nesting site is to contribute— with other nesting sites— to the production of individuals of both sexes recruiting to the population at sea. While the presence of potential threats is a reason for concern, how much they impact a sea turtle population cannot be known without assessing the biological output of a nesting site in terms of production of new individuals of both sexes. The same applies to the effects of conservation measures.

While the concepts outlined above are widely recognized as important for effective sea turtle conservation, they are not necessarily implemented in practice at every sea turtle nesting site around the world that receive conservation attention. Additionally, these concepts have not yet been synthesized in a single document. This study aims to fill this gap by providing conservationists and decision-makers with a comprehensive synthesis of sea turtle conservation at nesting sites through two specific objectives and approaches. In the first objective (#1) we use expert elicitation to investigate potential relationships between conservation status descriptors and conservation measures. Through this investigation, we will gain valuable insights into the value of using such an approach in terms of monitoring indicators. This objective is pursued through an analytical formalization of basic indicators and expert knowledge. The second objective (#2) aims to provide a monitoring scheme that focuses on measured biological indicators to track interannual changes in the impacts of anthropogenic threats and conservation measures at a sea turtle nesting site. This objective is based on available knowledge and methods. Overall, our study

contributes to an important aspect of sea turtle conservation by providing a practical synthesis of key concepts and offering recommendations for effective monitoring and management of sea turtle nesting sites.

Materials and methods

Only the methods based on expert knowledge (Objective #1) are described in this section. The theoretical development of a monitoring scheme based on scientific information (Objective #2) is presented in the Discussion section.

To provide indications about the conservation measures that contribute more to the perceived conservation status of a nesting site two groups of variables were set up, totalling 36 variables (Fig. 1, supplementary Table S1). A group of 12 response variables define the current conservation status in terms of threats and a group of 23 explanatory variables explain the current conservation status in terms of conservation measures, including 12 variables about legislation (and its enforcement) specifically targeting the 12 threats. One additional variable (trend in clutch numbers) was also included in the last group because it is commonly used as a proxy for the conservation status. This is the only variable that is specific for a sea turtle species. The 12 threat variables were also grouped into three higher level variables (Overall conservation status, Habitat degradation, Habitat use), for a total of 15 response variables (Fig. 1). The 24 explanatory variables were also grouped into six higher level variables (Economic interest in development, Economic interest in turtles, Protection through general or other local legislation, Protection through legislation focused on habitat degradation, Protection through legislation focused on habitat use, Protection by field conservation projects), for a total of 30 explanatory variables (Fig. 1).

These variables were scored for each of 37 nesting sites in Brazil, Cyprus, Greece, Türkiye and USA (supplementary Table S2)), selected to cover a wide range of conservation status (“good” and “bad”) and different socio-economic contexts. However, they cannot possibly cover the entire spectrum of the variety of local contexts occurring worldwide and therefore this exercise does not aim to be representative of all contexts. Scores were given to each variable based on 12 authors’ expert knowledge, an approach used in many cases where quantitative measures are not available or feasible (e.g., Wallace et al. 2011; McLachlan et al. 2013; Nelson Sella et al. 2019). All these nesting sites are frequented by loggerhead turtles (exclusively or with other species) and only this species was considered for the variable describing trend in clutch numbers. Independently of how the variable was named/described, higher score values always meant a condition beneficial for conservation (for

instance, high and low “Habitat destruction” were scored as 1 and 3, respectively). Variables of the “Anthropogenic threats” group were scored from 1 (high) to 4 (none). Variables of the “Protection through legislation” group (that included enforcement in their definition) were scored from 0 (no legislation) to 3 (high). Variables of the “Protection by field conservation projects” group were scored from 0 (not applicable) to 3 (high). All the other variables were scored from 1 to 3. In a few cases where information was not available, a score 2 was given as a neutral value.

The relation between anthropogenic threats (response variables, defining the conservation status) and conservation measures (explanatory variables, explaining the conservation status) was investigated through a Bayesian ordinal mixed-effects model fitted using `brms` function (package `brms`) in R (R Development Core Team 2022) incorporating monotonic effects for ordinal predictors and with the country/territory as a random factor accounting for possible legislative or cultural differences among countries. Three sets of models were run, with different levels of aggregation of the fundamental variables (Fig. 1), for a total of 15 models. The first set included 12 models, one for each of the 12 fundamental response variables (RV_i , with $i=1$ to 12) (anthropogenic threats), where the explanatory variables (EV) (conservation measures) included one explanatory variable about legislation (EVL_i , targeting the same threat i of the response variable) and the other 11 explanatory variables (not legislation): $RV_i \sim EVL_i + EV_1 + \dots + EV_{11}$. The second set included two models, one for each of the two aggregated response variables (Habitat degradation, Habitat use), with the corresponding explanatory variable related to legislation (Legislation on Habitat degradation or on Habitat use) and the other six explanatory variables (Trends in clutch numbers, Remoteness, Economic interest in development, Economic interest in turtles, Protection by field conservation projects, Local community supportive attitude): $RV \sim EVL + EV_1 + \dots + EV_6$. The third set included one model, with one aggregated response variable (Overall conservation status) and seven aggregated explanatory variables (Trends in clutch numbers, Remoteness, Economic interest in development, Economic interest in turtles, Protection through general or other local legislation, Protection by field conservation projects, Local community supportive attitude): $RV \sim EV_1 + \dots + EV_7$.

Results

Only the results of the expert knowledge exercise (Objective #1) are provided in this section. The monitoring scheme based on scientific information and developed as part of Objective #2 is presented in the Discussion section.

Explanatory variables	Response variables														
	Overall conservation status	Habitat degradation	Habitat destruction	Obstacles to sea level rise adaptation	Constructions on or close to the beach	Constructions in the adjacent marine area	Habitat use	Vehicles on the beach	Beach use daylight	Beach use night	Light pollution	Pollution	Recreational boats & water sports	Fishing close to shore	Predation by anthropophilic species
Trend in clutch numbers	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
CONSERVATION FACTORS															
Remoteness	+	+	+	ns	+	+	ns	ns	ns	ns	ns	ns	ns	ns	ns
Economic interest in development	ns	ns					ns								
Tourism (recreational activities)			-	-	-	ns	ns	-	-	ns	ns	ns	ns	ns	+
Other (not tourism)			ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
Economic interest in turtles	ns	ns					ns								
on the beach			ns	ns	ns	ns	ns	ns	ns	ns	-	ns	ns	ns	ns
in water			ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
Protection through general or other local legislation	ns														
Legislation on Habitat degradation		ns													
Habitat destruction			ns												
Obstacles to sea level rise adaptation				ns											
Constructions on or close to the beach					ns										
Constructions in the adjacent marine area						ns									
Legislation on Habitat use							ns								
Vehicles on the beach								+							
Beach use daylight									ns						
Beach use night										+					
Light pollution											ns				
Pollution												+			
Speed boats & water sports													ns		
Fishing close to shore														+	
Predation by anthropophilic species															+
Protection by field conservation projects	ns	ns					ns								
Public awareness			ns	ns	ns	ns		+	ns	ns	ns	+	ns	ns	ns
Nest protection by structures			ns	ns	ns	ns		ns	ns	ns	ns	ns	ns	ns	ns
Nest protection by presence			ns	ns	ns	ns		-	ns	ns	ns	-	ns	ns	+
Management of the hatching phase			ns	ns	ns	ns		ns	-	ns	ns	ns	ns	ns	ns
Promotion of light pollution minimization			+	-	-	ns		ns	ns	ns	ns	ns	ns	ns	ns
Local community supportive attitude	+	ns	+	+	+	ns	+	ns	ns	+	+	ns	ns	ns	ns

Fig. 1 Results of 15 Bayesian ordinal mixed-effects models investigating the relationship between 12 anthropogenic threats (response variables) and 24 conservation factors (explanatory variables) at 37 nesting sites in Cyprus, Greece, Türkiye, Brazil and Florida (USA). More description of the variables is provided in supplementary Table S1. Non-significant relationships (where Bayesian 95% CIs did not

include 0) are indicated by “ns”. Significant relationships are indicated by “+” or “-” if explanatory variables showed a positive or negative effect, respectively, in terms of conservation (i.e. they are higher/lower at sites with lower/higher levels of threats). To this aim, the sign of “Economic interest” variables is here reversed from the real model outputs to be more intuitive

The relationship among potential conservation measures and descriptors of conservation status about 37 sea turtle nesting sites is provided in Fig. 1. Local community attitude and remoteness were the explanatory variables with a positive significant effect on the highest number of response variables. Remoteness had a positive relationship with three individual variables in the Habitat degradation group (habitat destruction and construction on the beach and on the adjacent marine area) (Fig. 1), i.e. these threats occurred less at remote sites. Local community supportive attitude had a positive relationship with five individual variables, three in the Habitat degradation group (Habitat destruction, Obstacles to sea level rise adaptation, Construction on the beaches) and two in the Habitat use group (beach use at night, light pollution) (Fig. 1), i.e. these threats occurred less at sites with a local community with a supportive attitude. Individual variables belonging to the group “Protection by field conservation projects” showed both positive and negative relationships with some individual response variables (Fig. 1). Economic interest in touristic development showed a negative effect, in terms of conservation status, on several variables (Habitat destruction, Obstacles to sea level rise adaptation, Construction on the beaches, and Beach use in daylight and night) while a positive effect on Predation (i.e. predation is lower with interest in development). No effects were detected for economic interest in development other than tourism Trends in clutch numbers were not significantly related to any conservation status descriptors.

Discussion

Indicators based on expert knowledge (Objective #1)

The results of the approach based on expert knowledge show that the relationship between conservation measures and general or specific descriptors of conservation status in terms of anthropogenic threats occurring at a sea turtle nesting site is not obvious. Therefore, monitoring the evolution of the conservation status of a nesting site may be difficult if based only on such information. This could lead to different interpretations among different stakeholders, general misunderstandings and ultimately hinder a prompt reaction to a deterioration or improvement in conservation status.

Of the explanatory factors considered, the presence of human aggregations near the nesting area (explanatory variable Remoteness) and their attitude towards sea turtles (explanatory variable Local community supportive attitude) showed important general and specific relations with threats. The positive effect of remoteness is rather obvious and the pivotal role of local communities in sea turtle conservation

is a well-known topic (Campbell 2003; Witherington 2003; Ferraro and Gjertsen 2009; Senko et al. 2011; Liu 2017; Tognin et al. 2019; Elginöz et al. 2022). Such strong results from these two explanatory variables also represent a sort of validation of the formalization adopted.

As also expected, the level of legal protection and its enforcement appear to affect the level of impact of anthropogenic threats, at least for some threats related to habitat use. Economic interest in development related to tourism shows a negative effect in terms of a few specific threats (Habitat destruction, Obstacles to sea level rise adaptation, Constructions on or close to the beach, Beach use), while no effects are observed for the economic interest in sea turtles. Results about field conservation projects are less clear and even counterintuitive in some cases. A possible interpretation is that more field activities are undertaken as the anthropogenic impact increases, resulting in the observed negative relationship. (Fig. 1; Table 1). In other words, field conservation projects would be the effect, and not the cause, of the threat level.

The most common variable mentioned in sea turtle nesting site assessments (trend of clutch counts) showed no relation with anthropogenic threats.

In conclusion, although a few explanatory variables show a relationship with threats that suggests an intuitive cause-effect relationship, other relationships are less intuitive, and no single variable seems to be a reliable indicator to monitor interannual changes of the impact of anthropogenic threats. This applies also to clutch counts, the main (if not the only in many areas) biological indicator used.

Interaction among conservation measures, legislation and local community attitude in different contexts

The above results support the importance of remoteness, local communities and legal protection for the conservation of nesting sites. While the way remoteness can favour conservation is rather intuitive, legal protection and local community attitude may interact in complex and subtle ways that may change with the specific context. Examples of how the interaction among conservation measures, legislation and local community attitude can vary according to different contexts are summarized below for the five countries considered in this study (see Supplementals for more details).

Brazil hosts major sea turtle nesting sites that were historically overexploited for meat, eggs, and cultural practices (Marcovaldi and dei Marcovaldi 1999). With the prohibition of turtle meat/egg harvesting and decades of conservation by Projeto Tamar, populations have rebounded (e.g., Marcovaldi and Chaloupka 2007; de Castilhos et al. 2022). A key factor in Projeto Tamar's success is the creation of

Table 1 Summary of the relationship among anthropogenic threats and biological variables at sea turtle nesting sites and their possible indicators. Quantitative indicators of effects of anthropogenic threats: HD (human density), BW (beach width), SC (sand color), BP (beach profile), OD (obstacle density), LP (light pollution). Indicators of turtle variables (see text for details): C (number of clutches), NS (nesting success), HS (hatching success), ES (emergence success), PC (predation rate on clutches), PH (predation rate on hatchlings), E (entrapment), OI (orientation index), T (incubation temperature), ID (incubation duration), G (gonad inspection), H (hormone level of hatchlings). *Useful only in particular cases, see text. References, 1: Dugan and Hubbard (2006); 2: miller (2003); Karavas et al. (2005); mazaris et al. (2006); serafini et al. (2009); Kelly et al. (2017); Fujisaki et al. (2018); halls and Randall (2018); Siqueira-Silva et al. (2020); 3: mazaris et al. (2009); 4: Tuttle and rostal (2010); Rizkalla and Savage (2011); Limpus et al. (2020); 5: Foley et al. (2000); Oz et al. (2004); Foley et al. (2006); Martins et al. (2022); 6: fish et al. (2008); Lyons et al. (2020); 7: Peters et al. (1994); 8: McGehee (1990); ackerman (1997); Speakman et al. (1998); 9: Witherington (1992); Kaska et al. (2010); price et al. (2018); 10: Silva et al. (2017); 11: Witherington and Martin (2000); salmon (2006); Lorne and salmon (2007); Erb and Wyneken (2019); 12: Witherington et al. (2011); Fujisaki and lamont (2016) margaritoulis (2005); González et al. (2020); ware and Fuentes (2020); 13: margaritoulis (2005); Kaska et al. (2010); 14: Kaska (2000); Oz et al. (2004); 15: Triessnig et al. (2012); Van de Merwe et al. (2012); 16: Jensen et al. (2018); 17: Lyons et al. (2020)

Anthropogenic threats			Biological variables and indicators				
Type	Possible effects	Quantitative indicators of effects	Nesting Success or Clutch number*	Incubation Success	Surfacing Success	Beach Survival	Sex Ratio
Habitat degradation							
Habitat destruction (e.g. sand mining, flattening of dunes, building on dunes, erosion, heavy machinery)	Reduction of nesting area, also for the effect of hard constructions (1), alteration of beach profile and sand composition: Different nest distribution (2). Reduced reproductive success (3). Increased risk of washing over (4). Potential effect on in-nest mortality and sex ratio (5). Impediment to sea level rise adaptation (6). Reduced in-nest survival (7). Altered incubation environment (8)	HD, BW, SC, BP	NS (C)	HS	ES		T, G,H, ID
Obstacles (e.g. walls) to sea level rise adaptation (landwards beach shift)							
Constructions on or close to the beach (e.g. buildings, roads, seasonal facilities, parking areas)							
Constructions in the adjacent marine area (e.g. harbours, breakwaters)	Potential effects on currents or factors affecting nesting site selection by females		NS (C)				
Climate change (warming, sea level rise)	Reduction of nesting area (17). Feminization (16).	BW, BP					T, G,H, ID
Habitat use							
Vehicles on the beach	Sand compaction may affect incubation			HS	ES		
Beach use daylight (furniture, human presence)	Sand compaction and shadow may affect incubation and sex ratio. Furniture left in place at night may affect nesting activity (12)	HD, OD	NS (C)	HS	ES		T, G,H, ID
Beach use night (human presence, noise, campfires, beach parties)	Disturbance of the nesting phase (13). Damage of eggs.	HD	NS (C)				
Light pollution	Different nest distribution (9). Disturbance of the nesting phase and increase of predation on hatchlings (10). Mis- and disorientation increase hatchling mortality (11).	LP	NS (C)			OI	
Pollution (e.g. oil, litter, trash)	Effects on incubation and entrapment on the beach.		NS (C)	HS	ES	E	T, G,H, ID
Recreational boats	Disturbance of adult females.		NS (C)				
Fishing close to shore	Adult female mortality		C				
Predation by anthropophilic species (e.g. canids, rats)	Predation on eggs and hatchlings. Differential predation of nests with different sex ratio and alteration of sex ratio of predated nests (14)			PC, HS	PC, ES	PH	PC, T,G, H, ID

alternative livelihoods for coastal communities, such as T-shirt manufacturing groups (da Silva et al. 2015; Tognin et al. 2019). Outside legally protected areas, awareness campaigns focus on reducing light pollution by awarding symbolic certificates to property owners who adopt turtle-friendly lighting measures, greatly reducing hatchling disorientation (da Silva et al. 2015).

Along the northern coast of Cyprus, over 30 years of cooperation between the Environmental Protection Department (EPD) and the Society for the Protection of Turtles (SPOT) have fostered strong local support for sea turtle conservation along the northern coast of Cyprus. Collaborations with businesses, notably a beach restaurant at Alagadi, show how community members help clear beaches at night to protect nesting turtles. Extensive stakeholder consultations led to the establishment of Special Environmental Protected Areas (SEPAs), resulting in positive trends in clutch numbers (Fuller et al. 2010, 2011; Omeyer et al. 2021). SPOT's long-term work with fishers has also reduced bycatch and prompted fisher engagement in research (Snape et al. 2013).

Florida is home to one of the world's largest loggerhead nesting aggregations (Ceriani et al. 2019) yet faces challenges from intensive coastal development and tourism. Conservation is guided by federal, state, and local regulations, with the Florida Fish and Wildlife Conservation Commission (FWC) overseeing sea turtle programs. Model lighting ordinances address light pollution, while the Coastal Construction Control Line regulates development near nesting beaches. Ordinance enforcement varies by municipality, but education and outreach have encouraged residents and tourists to comply. Around 3,000 FWC-authorized individuals collect turtle data annually, making Florida a prominent example of large-scale citizen science.

Greece supports the most significant share of Mediterranean loggerhead clutches (Casale et al. 2018), yet economic interests have sometimes led to local resistance against centrally imposed policies. The NGO ARCHELON has implemented long-term nesting protection and public awareness efforts, collaborating with tourism businesses, fishers and authorities since the 1980s. Early initiatives reduced intentional turtle killings (Margaritoulis et al. 1992), and management plans crafted with stakeholders have been voluntarily adopted (Irvine et al. 1998); Panagopoulou and Dimopoulos 2003). Memoranda of Understanding with fisher associations (Margaritoulis et al. 2007) further strengthened cooperation, while recent programs encourage local communities and citizens to monitor and protect sporadic nesting.

Türkiye is a key Mediterranean region for both loggerhead and green turtles, with 22 nesting beaches covered by international conventions and national legislation. Dalyan beach demonstrates successful long-term conservation, involving nighttime beach closures and active monitoring

(Türkozan and Kaska 2010). Initiatives such as the “Turtle Friendly Stakeholder” certification enhance collaboration between hotels and NGOs (Kaska, Y. Pers. Com.). In areas like Fethiye, rapid development and beach furniture pose challenges, though local NGOs work to mitigate impacts (Başkale et al. 2016, 2018). By contrast, sites like Çıralı benefit from strong partnerships among local authorities, WWF-Türkiye, and community cooperatives (Sönmez et al. 2021).

Measured indicators to improve assessment and monitoring of the conservation status of a sea turtle nesting site (Objective #2)

The results of the approach based on expert knowledge show the challenges of assessing and monitoring the conservation status of a sea turtle nesting site. Such a task is challenging or may even provide misleading results if based purely on anthropogenic factors (threats or conservation measures). If the ultimate interest is assessing the impact of anthropogenic threats on sea turtles, biological sea turtle indicators directly affected by the specific threats would represent a clearer picture. Unfortunately, the most common sea turtle indicator (number of clutches) is not useful in this respect, as shown by the present results and by previous studies (Bell et al. 2007). The number of clutches laid at a nesting site (C) is primarily due to factors occurring at sea (e.g. food availability in feeding areas, mortality at sea) or to the number of hatchlings born decades ago (i.e. a period equal to the age of turtle sexual maturity) that return as adults to their natal beach to reproduce. It may also be affected by factors acting at the nesting site, if they induce the female to lay all or part of her clutches elsewhere. However, with moderate disturbing factors, the female might still lay the clutch in another part of the same nesting site, with no effect on the total number of clutches laid in the overall nesting site. Such a situation can be detected through monitoring the nesting success (NS, proportion of number of clutches on the total number of emergences), although even this variable may not be affected by coastal development (Bell et al. 2007). Both C and NS require classification of emergences as with or without a clutch, either from the visual examination of the track or by assessing the presence of eggs (Demetropoulos and Hadjichristophorou 1995; Florida Fish and Wildlife Conservation Commission 2016).

Ultimately, the measure of success of a sea turtle nesting site is the number of hatchlings entering the sea and their sex ratio, although land-based threats may also have an effect on hatchlings after they enter the sea (e.g., Lorne and Salmon 2007). Therefore, in principle, the negative impact of anthropogenic threats could be measured in terms of their effect on these two biological variables. While sex ratio

(SR) is a fundamental variable (cannot be broken down), the number of individuals entering the sea (N) results from the combination of six variables: $N = C * CS * F * IS * SS * BS$, where C is the number of clutches laid at the nesting site, CS is the average clutch size (number of eggs per clutch), F is the average fertility (proportion of fertile eggs on the total CS), IS is the average incubation success (proportion of fertile eggs that hatch), SS is the average surfacing success (proportion of hatchlings that emerge at beach surface), and BS is the average beach survival (proportion of emerged hatchlings that enter the sea). As said, C is primarily affected by factors at sea, and changes in NS are expected to be detected before changes of C, therefore NS is a valuable variable to monitor too. CS and F are entirely due to factors not acting at the nesting site (on land). IS, SS, BS and SR are entirely due to factors acting at the nesting site (on land). Therefore, six primary biological variables (C, NS, IS, SS, BS and SR) should be considered for monitoring the conservation status of a nesting site. However, IS and SS can be estimated only if F is estimated too, which is challenging (Phillott and Godfrey 2020). The two alternative variables commonly measured in sea turtle nesting studies are hatching success (HS; proportion of hatched eggs to total eggs laid) and emergence success (ES; proportion of hatchlings that emerge on the beach surface to the total eggs laid) (Florida Fish and Wildlife Conservation Commission 2016; Ceriani et al. 2021). They incorporate F ($HS = F * IS$; $ES = F * IS * SS$) and therefore can be seen as a proxy of IS and SS if F is assumed to be constant. BS is very difficult to estimate (Brost et al. 2015) and is affected by several factors acting synergically. The main mortality factors are predation and, if the hatchling cannot reach the sea, dehydration (especially during the next daylight) (Witherington and Martin 2000; Salmon 2006; Lorne and Salmon 2007; Erb and Wyneken 2019). Disorientation by light pollution (Salmon 2006) and entrapment by anthropogenic obstacles (e.g., debris or ditches) (Triessnig et al. 2012; van de Merwe et al. 2012) can considerably increase the time spent on the beach and therefore can increase these mortality factors. Therefore, BS could be monitored through three main direct or indirect indicators: predation rate of hatchling on the beach (PH) (Erb and Wyneken 2019), orientation index (OI) (Dimitriadis et al. 2018; Hiram et al. 2021) and rate of entrapment (E) (Triessnig et al. 2012; van de Merwe et al. 2012). SR can be investigated through direct or indirect methods such as gonad examination (Kaska et al. 2006), blood sampling for hormone levels (Tezak et al. 2020), incubation temperature during the thermosensitive period of development (when temperature affects the embryo's sex) (Rees and Margaritoulis 2004; Kaska et al. 2006; Fuentes et al. 2017) and incubation duration (ID) (Mrosovsky et al. 1999; Zbinden et al. 2007; Margaritoulis et al. 2022).

The six biological variables above (through their proxies or indicators), could inform about the impact of specific anthropogenic threats if these threats are also monitored and the two sets of variables are analyzed together. To our knowledge, such a comprehensive monitoring scheme is not currently available in a form useful to conservationists and decision makers. To this aim, we provide here (Table 1) a summary of the 13 main anthropogenic threats affecting a sea turtle nesting site and the relationship among these threats (some with possible quantitative indicators) and the six turtle variables (with 12 possible quantitative indicators).

Conclusions and recommendations

To assess and monitor the conservation status of a sea turtle nesting site, the assessment of human-related indicators is important and can be improved if all the main anthropogenic threats are considered and measured in a quantitative way as well as the level of engagement of local communities. However, ultimately only turtle-related indicators can inform about the real impact of anthropogenic threats on turtles. We recommend to (i) identify the nesting sites that currently benefit from the effect of remoteness and monitor the evolution of human aggregations in the area and their attitude towards sea turtles, because it will probably anticipate conservation issues and could prompt early implementation of conservation measures; (ii) define the conservation status in terms of trend of hatchling and sex ratio production instead of anthropogenic factors or clutch counts; (iii) collect the necessary data or use existing data to monitor the conservation status of nesting sites through quantitative indicators of anthropogenic threats and of a comprehensive set of biological variables used to estimate hatchling productivity and sex ratio. To this aim, we provided here a set of the most feasible indicators for sea turtle nesting site monitoring.

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Declarations

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